

Senior's Active Living Fair – Wednesday January 18 – 10:00 A.M.

[AS PREPARED FOR DELIVERY]

Good morning. It's my pleasure to bring greetings to you on behalf of the Office of Mayor and Sault Ste. Marie City Council as we open the 2017 Senior's Information and Active Living Fair.

I'd like to thank Terry Lou Legros and the staff of Seniors Services for organizing today's event. Today's agenda covers a range of topics, including fraud awareness, diabetes prevention, HIV education, and pension information.

I recall that last year there was a belly dancing lesson on the agenda, which Terry Lou suggested I should come back to participate in, so I'm relieved to see that this year they've mixed things up and there won't be any call for me to engage in any sort of dancing!

While I'm here, I'd like to thank the Senior Citizens Advisory Council and the Older Adults Centres' Association of Ontario for their help in hosting the event, and also the Ontario Seniors' Secretariat for their sponsorship.

I'd also like to thank all of the presenters who will be here today for lending their time and expertise.

Active living is important at all ages. It's great that we are able to host free events such as this one, to encourage older citizens to live actively and to keep well-informed about issues of interest.

Thank you for inviting me to speak and open today's proceedings.
Please enjoy today's fair.